



FLATLANDER 2020 CUP

ARNHEM
THE NETHERLANDS
11&12 JULY

WWW.FLATLANDERCUP.NL

INTERNATIONAL YOUTH COMPETITION
LEAD / BOULDER CATEGORIES JUNIOR, A, B & C

MOUNTAIN NETWORK 


MAMMUT
SWISS 1862


LA SPORTIVA


NKV

FLATLANDER CUP 2020

The 4th edition of the Flatlander Cup is again coming to Arnhem, The Netherlands. Just like previous years the Flatlander Cup exists out of two disciplines; lead and boulder. There will both be specific rankings for lead and boulder as well as a combined overall ranking. This high-end competition will have an international character; youth climbers of all nationalities are welcome to participate. The following categories will be differentiated: Juniors, Youth A, Youth B and Youth C.

The Flatlander Cup is a two-day-event. We offer climbers and their companions the possibility to stay the night at a campsite. The overnight stay on the campsite is including a breakfast on the sunday morning. Please refer to the information sheet for more information.

During the Flatlander Cup both boulder and lead climbing will be featured. You can compete in either one or both, as there will be seperate rankings and a combined ranking lead/boulder.

BOULDER

The boulder competition will take place at RijnBoulder. All categories will climb 8 qualification boulders. Per boulder there will be a maximum of 5 attempts. In each category the 6 best girls and the 6 best boys will qualify for the finals. In the finals we use the IFSC semi final format.

LEAD

The lead competition will take place at Mountain Network Arnhem, the climbing centre just a 2 minutes walk from RijnBoulder. During the qualifications, 3 routes will be climbed flash per category. Again, the 6 best girls and the 6 best boys will qualify for the finals where one route will be climbed on-sight.

This competition will follow the IFSC rules 2020 (with possible exception).

PROGRAM

SATURDAY 11 JULY LEAD

08:00 - 09:00	Registration youth B and C
10:00 - 13:30	Qualifications youth B and C
12:00 - 13:00	Registration youth A and juniors
14:00 - 17:00	Qualifications youth A and juniors
16:30 -	Isolation close for youth B and C
17:00 - 20:00	Dinner buffet is open
17:00 - 19:00	Finals youth B and C
18:30 -	Isolation close for youth A and juniors
19:00 - 21:00	Finals youth A and juniors
21:15 - 21:30	Award ceremony lead

SUNDAY 12 JULY BOULDER

07:00 - 08:00	Breakfast for people staying overnight
07:30 - 08:50	Registration youth B and C
09:00 - 12:00	Qualifiers youth B and C
10:30 - 11:50	Registration Juniors and youth A
12:00 - 14:00	Qualifiers Juniors and youth A
14:30 -	Isolation closes for all categories
15:00 - 16:50	Finals for youth B and C
17:00 - 18:30	Finals for Juniors and youth A
18:30 - 19:00	Award ceremony boulder and combined

WWW.FLATLANDERCUP.NL

note: depending on the circumstances the timetable of the program might be subject to change.

FORMAT

LEAD

Qualifications

- 4 age categories
 - youth C (2007 / 2008)
 - youth B (2005 / 2006)
 - youth A (2003 / 2004)
 - juniors (2001 / 2002)
- 3 qualification routes per category and per gender will be climbed flash
- the route demos will be uploaded on a youtube channel the day before the comp and will be shown in the gym on a screen.

Finals

- the 6 best females and the 6 best males per age category
- 1 final route will be climbed on-sight

BOULDER

Qualifications

- 4 age categories
 - youth C (2007 / 2008)
 - youth B (2005 / 2006)
 - youth A (2003 / 2004)
 - juniors (2001 / 2002)
- 8 qualification boulders per category and per gender
- there is a maximum of 5 attempts per boulder

Finals

- the 6 best females and the 6 best males per age category
- 4 boulders for females and males each, per category
- Judges at all problems
- IFSC semi final format

Note: for both disciplines we will follow IFSC rules 2020.

GENERAL INFORMATION

- Venue lead** Mountain Network Arnhem
Olympus 27, 6832 EL Arnhem
www.mountain-network.nl/arnhem
- Venue boulder** RijnBoulder
Olympus 3, 6832 EL Arnhem
www.mountain-network.nl/rijnboulder
- Overnight stay** There is a possibility for a overnight stay at a campsite at the gyms. The organisation will not provide camping material such as tents, sleeping bags or mattresses. A grass field behind the gym offers a place to put up your tent. The showers and toilets of the gym are available.
- Breakfast** On the sunday morning the organisation will provide a breakfast for all the participants and companions.
- Dinner** The saturday evening we provide a dinner which you can join for 10,- euro. The pizza restaurant "La Rocca" in de bouldergym is always open for a pizza / panini / focaccia.
- Lunch** Competitors can choose in the application form if they want to include lunch. The costs per lunch are 7,50 euro. The lunch is a buffet with panini's, fruit and drinks.
- Companions** All the possibilities / costs for overnight stay and meals also apply for travel companions. In the application file you can easily choose between all the options.
- Facilities** Toilets, changing rooms, showers, campsite and a bar / restaurant and free-parking.

Boulder

Also for companions there is the possibility to do a boulder session in Rijnboulder with a discount.

Parking

Olympus 3, 6832 Arnhem, The Netherlands (free)

Website

www.flatlandercup.nl
www.mountain-network.nl

Contacts

Sam van de Vorstenbosch
flatlandercup@mountain-network.nl

Sponsors

Mammut
La Sportiva

Support

NKBV
IFSC



REGISTRATION

Registration

From the 11th of march till the 7th of july

Weblink

<https://flatlandercup.entranz.nl/>

Fee

20,00 euro per discipline

37,50 euro for both disciplines (2,50 discount)

15,00 euro overnight stay incl.breakfast (optional)

10,00 euro for dinner saturday (optional)

7,50 euro for lunch per day (optional)

75,00 euro for passe partout (all included)

All payments have to be made in advance

Startlist

Competitors not confirmed as present at the check-in will be removed from the starting list.

Startlist will be send in the week before the competition when registration is closed.

Registered competitors under the age of 18 require a signed parental consent form. No signed consent means no participation.

A competitor who isn't able to make it on time at the check-in due to travel delay or other unforeseen reasons can contact: 00 31 6 224 88 597

OFFICIALS

Organiser	Mountain Network
Tech. delegate	Sam van de Vorstenbosch
Jury president	Dave Suetens
Chiefsetter	Nikki van Bergen (lead) Arlen Strengers (boulder)

FLAT
ARNHEM
THE NETHERLANDS
11&12 JULY

LANDER

2000



THINGS TO DO IN AND AROUND ARNHEM

For all the travel companions we made a short overview about some of the nice places Arnhem has to offer. Arnhem is situated in the eastern part of the Netherlands and is the capital of the province Gelderland. With her hilly landscape, great shopping streets and beautiful parks, Arnhem has much to offer for a day out. Besides our recommendations you can find more information on:

www.arnhemnijmegenregion.com/arnhem/visit-arnhem-vvv

BURGERS' ZOO

Be bold and venture a world tour in Burgers' Zoo! The zoo where you are one with nature. Are you ready for an adventurous expedition? After all, you will travel through the most diverse natural habitats in the world! Not only will you travel through the tropical rainforest, the rocky deserts of Arizona and the savannah of East Africa, but you will also experience the tropical coral reef and the Southeast-Asian jungle.

You stroll between the trees in a park-like hilly landscape and meet all sorts of animal species that are considered to be the public's favourites. You would not want to miss the Asian elephants, panthers, penguins, flamingos or meerkats, would you? A visit to the gorilla group with its playful youngsters and the adjacent chimpanzee colony is definitely recommended.

www.burgerszoo.com



THINGS TO DO IN AND AROUND ARNHEM

THE HOLLAND OPEN AIR MUSEUM

The Holland Open Air Museum in Arnhem uses authentic buildings, objects and true stories to bring the past to life. They will take you on a journey through time. A great destination for a day out, especially if the sun is out!

www.openluchtmuseum.nl/en/



SONSBEEK PARK

Park Sonsbeek is designed in the style of an English park and inspired by Dutch landscape paintings of the seventeenth century. With its remarkable white villa, idyllic views with cows and deer and romantic paths past streams and waterfalls, Park Sonsbeek is one of the most beautiful urban parks in the Netherlands. The park is easily reachable from the gym by taking citybus 7 to the central station. From there it is a 5/10 minute walk to the entrance of the park.

www.sonsbeekagenda.nl



THINGS TO DO IN AND AROUND ARNHEM

KRÖLLER-MÜLLER MUSEUM / PARK DE HOGE VELUWE

The Kröller-Müller Museum boasts the second-largest Van Gogh collection in the world: almost 90 paintings and over 180 drawings. The Van Gogh Gallery displays varying selections of about 40 works by Vincent van Gogh. Furthermore, you will also find masterpieces by modern masters such as Claude Monet, Georges Seurat, Pablo Picasso and Piet Mondriaan.

In the sculpture garden, one of the largest in Europe, you can enjoy both sculptures and nature. Distributed throughout the garden are over 160 sculptures by iconic artists, from Aristide Maillol to Jean Dubuffet, from Marta Pan to Pierre Huyghe.

www.krollermuller.nl/visit

