



ARNHEM
THE NETHERLANDS

FLAT
LANDER
8&9 SEPTEMBER
2018 CUP

WWW.FLATLANDERCUP.NL

INTERNATIONAL YOUTH COMPETITION
LEAD / BOULDER CATEGORIES JUNIOR, A, B & C



SCHEDULE

SATURDAY 8 SEPTEMBER LEAD

- 10:00 - 13:30 Qualifications youth B, C
- 14:00 - 17:00 Qualifications youth A, juniors
- 17:30 - 19:00 BBQ
- 19:00 - 21:00 Finals youth B and C, youth A and juniors
- 21:00 - 21:30 Award ceremony (lead)

SUNDAY 9 SEPTEMBER BOULDER

- 09:00 - 14:00 Qualifications youth B and C, youth A and juniors
- 15:00 - 18:00 Finals youth B and C, youth A and juniors
- 18:00 - 18:30 Award ceremony (boulder and combined)

note: depending on the circumstances the timetable of the program might be subject to change.



FORMAT

LEAD

Qualifications

- 4 age categories
 - youth C (2005 / 2006)
 - youth B (2003 / 2004)
 - youth A (2001 / 2002)
 - juniors (1999 / 2000)
- 4 qualification routes per category and per gender will be climbed flash
- the route demos will be shown in the gym on a screen

Finals

- the 6 best females and the 6 best males per age category
- 1 final route will be climbed on-sight

BOULDER

Qualifications

- 4 age categories
 - youth C (2005 / 2006)
 - youth B (2003 / 2004)
 - youth A (2001 / 2002)
 - juniors (1999 / 2000)
- 8 qualification boulders per category and per gender
- there is a maximum of 5 attempts per boulder

Finals

- the 6 best females and the 6 best males per age category
- 4 boulders for females and males each, per category
- Judges at all problems
- IFSC semi final format

note: for both disciplines we will make use of the IFSC rules 2018.

GENERAL INFORMATION

Venue lead Mountain Network Arnhem
Olympus 27, 6832 EL Arnhem
www.mountain-network.nl/arnhem

Venue boulder RijnBoulder
Olympus 3, 6832 EL Arnhem
www.mountain-network.nl/rijnboulder

Overnight stay There is a possibility for a overnight stay at a campsite at the gyms. The organisation will not provide camping material such as tents, sleeping bags or mattresses. A grass field behind the gym offers a place to put up your tent. The showers and toilets of the gym are available.

Breakfast On the sunday morning the organisation will provide a breakfast for all the participants and companions.

BBQ The saturday evening we provide a BBQ which you can join for 10,- euro. The pizza restaurant "La Rocca" in de bouldergym, is always open for a pizza, panini, focaccia.

Lunch Competitors can choose in the application form if they want to include lunch. The costs per lunch are 7,50 euro. The lunch is a buffet with panini's, fruit and drinks.

Companions All the possibilities / costs for overnight stay and meals also apply for travel companions. In the application file you can easily choose between all the options.

Fysio A medicort fysiotherapist will be present both days.

Facilities

Toilets, changing rooms, showers, campsite and a bar / restaurant. Next to the gym there is an indoor swimming pool. Entrance; 5,- euro.

Boulder

Also for companions there is the possibility to do a boulder session in Rijnboulder with a discount.

Parking

Olympus 3, 6832 Arnhem, The Netherlands (free)

Website

www.flatlandercup.nl
www.mountain-network.nl

Contacts

Sam van de Vorstenbosch
flatlandercup@mountain-network.nl

Sponsors

Mammut
Blue-pill climbing

Support

NKBV
IFSC

Prizes

Mammut is our main sponsor and provides us with 4000,- euro of prize money which will be distributed over all the winners.



REGISTRATION

Registration From the 1st of June till the 30 of August

Weblink www.flatlandercup.nl

Fee 17,50 euro per discipline
30,00 euro for both disciplines
10,00 euro overnight stay incl.breakfast (optional)
10,00 euro for BBQ saturday (optional)
7,50 euro for lunch per day (optional)

60,00 euro for passe partout (all included)

All payments have to be made in advance

Startlist Competitors not confirmed as present at the check-in will be removed from the starting list.

Registered competitors under the age of 18 require a signed parental consent form. No signed consent means no participation.

A competitor who isn't able to make it on time at the check-in due to travel delay or other unforeseen reasons can contact: 00 31 6 224 88 597

WWW.FLATLANDERCUP.NL

INTERNATIONAL YOUTH COMPETITION

OFFICIALS

Organiser Mountain Network

Tech. delegate Sam van de Vorstenbosch

Jury president Wycher Bos

Chiefsetter Arlen Strengers (lead)
Jeroen Nepveu (boulder)



THINGS TO DO IN AND AROUND ARNHEM

For all the travel companions we made a short overview about some of the nice places Arnhem has to offer. Arnhem is situated in the eastern part of the Netherlands and is the capital of the province Gelderland. With her hilly landscape, great shopping streets and beautiful parks, Arnhem has much to offer for a day out. Besides our recommendations you can find more information on:

www.arnhemnijmegenregion.com/arnhem/visit-arnhem-vvv

BURGERS' ZOO

Be bold and venture a world tour in Burgers' Zoo! The zoo where you are one with nature. Are you ready for an adventurous expedition? After all, you will travel through the most diverse natural habitats in the world! Not only will you travel through the tropical rainforest, the rocky deserts of Arizona and the savannah of East Africa, but you will also experience the tropical coral reef and the Southeast-Asian jungle.

You stroll between the trees in a park-like hilly landscape and meet all sorts of animal species that are considered to be the public's favourites. You would not want to miss the Asian elephants, panthers, penguins, flamingos or meerkats, would you? A visit to the gorilla group with its playful youngsters and the adjacent chimpanzee colony is definitely recommended.

www.burgerszoo.com



THINGS TO DO IN AND AROUND ARNHEM

THE HOLLAND OPEN AIR MUSEUM

The Holland Open Air Museum in Arnhem uses authentic buildings, objects and true stories to bring the past to life. They will take you on a journey through time. A great destination for a day out, especially if the sun is out!

www.openluchtmuseum.nl/en/



SONSBEEK PARK

Park Sonsbeek is designed in the style of an English park and inspired by Dutch landscape paintings of the seventeenth century. With its remarkable white villa, idyllic views with cows and deer and romantic paths past streams and waterfalls, Park Sonsbeek is one of the most beautiful urban parks in the Netherlands. The park is easily reachable from the gym by taking citybus 7 to the central station. From there it is a 5/10 minute walk to the entrance of the park.

www.sonsbeekagenda.nl



THINGS TO DO IN AND AROUND ARNHEM

KRÖLLER-MÜLLER MUSEUM / PARK DE HOGE VELUWE

The Kröller-Müller Museum boasts the second-largest Van Gogh collection in the world: almost 90 paintings and over 180 drawings. The Van Gogh Gallery displays varying selections of about 40 works by Vincent van Gogh. Furthermore, you will also find masterpieces by modern masters such as Claude Monet, Georges Seurat, Pablo Picasso and Piet Mondriaan.

In the sculpture garden, one of the largest in Europe, you can enjoy both sculptures and nature. Distributed throughout the garden are over 160 sculptures by iconic artists, from Aristide Maillol to Jean Dubuffet, from Marta Pan to Pierre Huyghe.

www.krollermuller.nl/visit

